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**Form Activity**

 1. Yes. It was SolarWinds and it helped me receive a quote for a product I wanted.  
  
2. Yes, I've been on a website and wanted to enquire about certain products but there was no form and I could not. This left me extremely annoyed as I then had to look for alternative options.  
  
3. A Contact Form, Supplier Registration Form.

**Activity 2**

 1. The GET method is used in a form when you want to capture data from a user that is not sensitive information, so that the data captured can be used to produce a result. For example, the user types text into Google's search bar and a GET method will be performed in order to return the results to the user.  
  
2. The POST method is used when a user sign's up to make use of a website. As the is sensitive information and needs to be kept secured.  
  
3. Sensitive / Private Information:  
- Passwords  
- ID numbers  
- Banking Details

**My views on the day**

 1. Learning about how to make use of data that is being captured and how to design and make use of forms for a website.  
  
2. Activity 3 and 4.  
  
3. None.  
  
4. None, enough time has been given for the completion of the activities.